

## Introduction to Rock Climbing with the Colorado Mountain Club's Youth Education Center

### **W1: June 11-June 15**

9:00 a.m.-3:30 p.m. Entering grades 5-8  
Indoor and outdoor climbing instruction geared towards youth with little or no climbing experience, but can accommodate climbers of all levels! This course focuses on the basics of rock climbing, team building, and exposure to new Colorado outdoor recreation sites. Participants will learn about outdoor safety, equipment, climbing technique, knot tying, belaying, and rappelling in a small, supportive environment. The program includes five days of outdoor and indoor climbing at a variety of Front Range crags. All programs will be managed by an American Mountain Guide Association certified Single-Pitch Instructor from the Colorado Mountain Club's Youth Education Program. Cost includes instruction and climbing gear use (harness, shoes, helmet). \$550

Instructors: Jessie Skipwith & American Mountain Guide Certified Instructor