

Children's Martial Arts Training

W8: July 29-August 2

9:00 a.m.-12:00 p.m. Entering grades 1-3

12:30 p.m.-3:30 p.m. Entering grades 4-7

This program focuses on five areas: Self Defense, Fitness as a Lifestyle, Confidence, Respect, and Character Development. Children learn all of the above skills in a fun and respectful environment. \$370 Instructors: Renee Medina & The Training Camp