

Introduction to Rock Climbing

W1: June 10-June 14

9:00 a.m.-3:30 p.m. Entering grades 5-8

This hair-raising camp includes indoor and outdoor climbing instruction geared towards youth with little or no climbing experience, but can accommodate climbers of all levels! This course focuses on the basics of rock climbing, team building, and exposure to new Colorado outdoor recreation sites. Participants will learn about outdoor safety, equipment, climbing technique, knot tying, belaying, and rappelling in a small, supportive environment. The program includes five days of outdoor and indoor climbing at a variety of Front Range crags. All programs will be managed by an American Mountain Guide Association certified Single-Pitch Instructor from the Colorado Mountain Club's Youth Education Program. Cost includes instruction and climbing gear use. \$550