

Martial Arts

W6: July 16-July 20

W8: July 29-August 2

9:00 a.m.-10:30 a.m. Entering grades K-5

This camp is a great way for students to enjoy learning about martial arts while getting some fun exercise. Martial Arts campers will enjoy a padded sword competition, learn techniques such as kicks and punches, learn the history of martial arts, and play fun games. Plus, campers will learn the basics of self-defense, break real boards, and watch excerpts from famous movies such as Kung Fu Panda, all in a safe, controlled environment. \$160

Instructor: Isabella Ubertone