

Stand-Up Paddleboard Surfing II

W5: July 8-July 12

W7: July 22-July 26

9:00 a.m.-3:30 p.m. Entering grades 5-8

This camp is for Stand Up Paddleboarders (SUP) who are looking to take their SUP skills to the next level. This SUP skills course is based on a modified SUP Level 2 Skills course developed by the American Canoe Association. Campers will learn advanced paddling skills including lake touring, racing, freestyle paddling, and an introduction to river SUP. Individual coaching, with video analysis, is included. All SUP equipment is provided. Swimming and SUP paddling ability is required. \$460. Instructors: Beth Folsom & SurfSUP Colorado