

Gymnastics Cost: \$240

Week 2: June 15-June 19

Week 5: July 6-July 10

Week 8: July 27-July 31

Entering Grades: K 1 2 3 4 5 6

9:00 a.m.-12:00 p.m. Instructor: Golden Gymnastics

Gymnastics helps build strength, flexibility, and coordination; it is also a confidence-builder and an excellent way to cross-train. In this concentrated week of athletic training, coaches will assess individual skill levels and tailor coaching to participants' personal needs and goals. Campers learn how to safely use gymnastics equipment, improve existing strengths, and tackle new, challenging skills! You'll flip for this exciting camp!