

**Introduction to Rock Climbing Cost: \$550**

***Week 7: July 20-July 24***

***Entering Grades: 5 6 7 8***

***9:00 a.m.-3:30 p.m. Instructor: Colorado Mountain Club***

**This climbing camp will bring you to new heights! The week includes indoor and outdoor climbing instruction geared towards youth with little or no climbing experience, but can accommodate climbers of all levels. This course focuses on the basics of rock climbing and exposes youth to new Colorado outdoor recreation sites. Participants will learn about outdoor safety, equipment, climbing techniques, knot tying, belaying, and rappelling in a small, supportive environment. The program includes five days of climbing at a variety of Front Range crags. All programs will be managed by an American Mountain Guide Association certified Single-Pitch Instructor from the Colorado Mountain Club's Youth Education Program. Cost includes instruction and climbing gear use (harness, shoes, helmet).**