

Stand Up Paddleboard Surfing II Cost: \$460

Week 3: June 22-June 26

Week 6: July 13-July 17

Entering Grades: 5 6 7 8

9:00 a.m.-3:30 p.m. Instructors: Beth Folsom & SurfSUP Colorado

This camp is for Stand Up Paddleboarders (SUP) who are looking to take their SUP skills to the next level. This SUP skills course is based on a modified SUP Level 2 Skills course developed by the American Canoe Association. Campers will learn advanced paddling skills, including lake touring, racing, freestyle paddling, and an introduction to river SUP. Individual coaching, with video analysis, is included. All SUP equipment is provided. Swimming and SUP paddling ability is required.