

Sticky Fingers Cooking: *Farm to Table* Cost: \$260

Week 1: June 8-June 12 Entering Grades: K 1 2 3 4

9:00 a.m.-10:30 a.m.

10:30 a.m.-12:00 p.m.

12:30 p.m.-2:00 p.m.

2:00 p.m.-3:30 p.m. Entering Grades: P K 1 2 3 4 5 6 7 8

Instructor: Sticky Fingers Cooking

Come explore the bounty of summer-fresh, local, colorful ingredients and explore how those foods got from the ground to our plates. You might already know that carrots can improve your eyesight, but did you know that cherries can help improve your memory? Young chefs will also learn what makes certain ingredients so super for the body and how delicious they can taste, while practicing basic cooking skills and techniques on their way to becoming super chefs!