Wilderness Masters

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|  | **Location** | **Activities** |
| **Monday** | On Campus/ Kendall Park | **Intro to Wilderness Safety**   * Intro to the week & games * Create & introduce field journals * Leave No Trace, 10 essentials, and basic mountain safety * Hands on mountain weather activities |
| **Tuesday** | South Valley Park South Trailhead, 12447 W Deer Creek Canyon Rd, Littleton, CO 80127 | **Navigation & Orienteering**          Intro to map & compass          Orienteering course/scavenger hunt          Field journals and games |
| **Wednesday** | On Campus/ Kendall Park | **Intro to Wilderness First Aid**   * Basic wilderness first aid practice * Teambuilding & games * Field journal |
| **Thursday** | Mount Falcon Park West Trailhead, Mount Falcon Road, Indian Hills, CO | **Shelter Building & Survival Skills**   * Local flora & fauna * Temporary shelter building * Field journal & games |
| **Friday** | Mount Galbraith Park, 21992 Golden Gate Canyon Rd, Golden, CO 80403 | **Hiking & Mountaineering**   * Hike Mt. Galbraith * Practice different mountaineering knots * Field journal and games |