Wilderness Masters

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|  | **Location** | **Activities** |
| **Monday** | On Campus/ Kendall Park | **Intro to Wilderness Safety*** Intro to the week & games
* Create & introduce field journals
* Leave No Trace, 10 essentials, and basic mountain safety
* Hands on mountain weather activities
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| **Tuesday** | South Valley Park South Trailhead, 12447 W Deer Creek Canyon Rd, Littleton, CO 80127 | **Navigation & Orienteering**        Intro to map & compass        Orienteering course/scavenger hunt         Field journals and games  |
| **Wednesday** | On Campus/ Kendall Park | **Intro to Wilderness First Aid*** Basic wilderness first aid practice
* Teambuilding & games
* Field journal
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| **Thursday** | Mount Falcon Park West Trailhead, Mount Falcon Road, Indian Hills, CO | **Shelter Building & Survival Skills*** Local flora & fauna
* Temporary shelter building
* Field journal & games
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| **Friday** | Mount Galbraith Park, 21992 Golden Gate Canyon Rd, Golden, CO 80403 | **Hiking & Mountaineering*** Hike Mt. Galbraith
* Practice different mountaineering knots
* Field journal and games
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