

Learn to Rock Climb

W5: July 5-July 8 (4 days only)

W6: July 11-July 15

9:00 a.m.-3:30 p.m. Entering Grades 5-8

This complete introduction to rock climbing, five day camp, takes first timers or those new to rock climbing and introduces them to the wonderful sport of rock climbing. Learn to climb like a rock star by building a solid foundation of the knowledge, skills, and movement required to get into the sport. We will cover gear, belaying, rappelling, various types of movement and following lead climbers. Potential climbing areas over the five days include Clear Creek Canyon, Table Mountain, Boulder Canyon, and The Flatirons. This week is perfect for those who have enjoyed climbing indoors and want to learn how to enjoy the outdoors on rock. Cost includes all climbing gear.

Cost: \$900 W5: \$720

Instructor: Colorado Mountain School