

Martial Arts (Taekwondo) Camp

W3: June 20-June 24

12:30 p.m.-3:30 p.m. Entering Grades 1-6

W5: July 5-July 8 (4 days only)

W8: July 25-July 29

9:00 a.m.-12:00 p.m. Entering Grades 1-6

This camp is designed for students to study the art of taekwondo in a positive learning environment that focuses on life skills, such as respect and self-control. Each student receives special instruction appropriate to their skill/knowledge level. New students begin by learning various techniques essential to the art of taekwondo. Ongoing students continue to work towards new goals and expand on their leadership experience. During the week, we work on many different taekwondo drills and activities, as well as learn about respect for self and others, teamwork, self-defense, and fitness! At the beginning of the week, all students earn a belt. Throughout the week, students receive "stripes" on that belt, signifying the completion of certain activities, providing a fun goal for kids to work on during camp. This camp is active fun for kids of all ages and experience levels with martial arts!

Cost: \$250, W5:\$200

Instructor: Nick Wolf