

Parkour

Cost: \$TBD

W3: June 19-June 23

Instructor: TBD

9:00 a.m.-12:00 p.m.

Entering Grades: **6** **7** **8** **9**

12:30 p.m.-3:30 p.m.

Entering Grades: **3** **4** **5**

W5: July 3-July 7 (4 days only)

9:00 a.m.-12:00 p.m.

Entering Grades: **3** **4** **5**

12:30 p.m.-3:30 p.m.

Entering Grades: **6** **7** **8**

Jump, run, climb, and play at one of the largest Parkour gyms in America. Learn the basics of Parkour, including landing, rolling, jumping, precision, balance, vaulting, climbing, and swinging. Safety is paramount.